



Wellbeing Pathway

At Ecton Village Primary Academy we value the wellbeing of all children, staff and families. We strive to enhance support for mental health and emotional wellbeing for all by providing a range of universal, targeted and individual support

Parental Wellbeing

Individual

- Referrals to Sunflower Centre
- Referrals to IAPT
- Strengthening Families
- Referrals to NDAS

Targeted

- MHST
- 1:1 meetings
- Parent Forums
- Parent/carer workshops on topics such as sleep difficulties, anxiety, separation, anxiety, managing behavioural difficulties
- Completing requests for additional support together e.g. sleep solutions, SSS, housing, freedom programme
- Food bank referrals
- Solihull parenting course
- 1,2,3 magic
- Early help assessment

Universal

- Key stage information evenings e.g. SATs, Year 6 transition
- Welfare worker available to all
- Information shared on the newsletters
- Pupil reports
- Parent meetings
- Social opportunities e.g. school fete, assemblies